

# Midnight Madness Value Added Workshop Themes

---

**Patty Vo**

## **Saturday workshop**

Come “ DownRock ” with me...

Artistic expression with sophisticated footwork is the name of this game...

The goal of dance expression can be used in many forms but for this class, we will be focusing on rolling footwork, slides & glides and applications to music using just your feet...

Art of conversation...

He said ... she said... how to communicate your conversation within your partnership and dance through connection and movements.

## ***Sunday workshop***

Spins and Turns

Do you know the difference between a turn and spin?

In this workshop, we will work on your basic turn and spin technique and help you understand how to perfect your turns in Swing. We will discuss how to lead/follow the difference between stepping or triple stepping through a turn and how to speed up or slow down a turn. We will work with turns both in slow and high tempo music and focus on the connection needed to do really good turns.

You will in general just learn to do some really badass turns!

Or...

Meeting the middle

The art of playing within the structure of Swing. This workshop will focus on creating opportunities and invitation within the dance and where to create them.

---